

PHSE and RHSE overview

At Kirk Smeaton CE Primary School, we have split years groups and see the need to ensure that coverage is delivered each year. We teach PHSE and RSHE every week, we focus on discussion and limit the number of worksheets and written work in books. We use Twinkl scheme of work, but have adapted this to the needs of the school and community. In addition to PHSE sessions we link coverage to Collective Worship content, this is to ensure that coverage is provided, but also that children in school councils take ownership in the delivery of some of these topics. Pupil voice is collated each term to assess where the children are and check on gaps in learning, this is shared with teachers and the pastoral support work and additional sessions and intervention is tailed to meet the needs of all.

	Term 1 1	Term 1 2	Term 2 1	Term 2 2	Term 3 1	Term 3 2
Starfish	Children are taught through the EYFS curriculum, we supplement this with Ginger bear. School can be a frustrating and confusing experience for children who have not developed their communication skills; not only will access to the curriculum be difficult, so will developing co-operative skills and friendships. Ginger bear helps to teach and develop spoken language and social interaction skills to children aged 4-6. We deliver it weekly, and aim to develop the "rules" of interaction with the help of the character Ginger the Bear, who features in all the activities we do. Skills we teach include: eye contact, taking turns, sharing, greetings, awareness of feelings, following instructions, listening, paying attention, and play skills.					
	Aiming high Being yourself	Digital wellbeing Diverse Britain	Money matters It's one world	Staying safe TEAM	Thinking positive VIPS	Growing up RHSE It's my body RHSE
Dolphins	-Star qualities and positive learners. -Bright futures and jobs for all. -Going for goals and looking forward. -Marvellous me and understanding feelings. -Things I like and uncomfortable feelings. -Aiming high and looking forward.	-The internet and me and on and offline safety. - Staying safe online and personal info. - Communicating online. -School and community. -My neighbourhood and country. -British people and what makes me proud.	-Money and where it comes from. -Look after it or save. - Want or need and going shopping. -Homes and families -One world and environment . -One world and planet.	-Keeping safe and safe at home. -Staying safe outside and with strangers. -Safe secrets and people I can talk to. -Together everyone achieves more and listening. -Being kind, bullying and teasing. -Brilliant brains and making good choices.	-Think happy, its your choice. -Go getters and letting it out. -Be mindful and thankful. -VIPs and family. -Friends and falling out. -Working together and showing you care.	-My body my business and active & asleep -Happy, healthy foods, Clean as a whistle. -Can I eat it and I can choose. -Our bodies and it's ok. -Pink &blue and your family, my family. -Getting older and changes
Lions	-Achievements and goals. -Always learning and jobs and skills. -No limit and when I grow up. -Pride and feelings -Express yourself and know your mind. -Media wise and making it right.	-The digital world and kindness. -Do you know and online info. -Keep it private and digital wellness. -Living in the British Isles and democracy -Rules, laws and responsibility and Liberty. -Tolerance and Respect and what's it like to be British.	-Where does money come from and ways to pay. -Reasons to borrow and spending decisions. -Advertising and keeping on track. -Chiwa and Kwende -Dilemma and sugar -World and charity.	-New responsibilities, risks, hazards and danger. -Under pressure and safety when out and about. - Dangerous substances and injuries and emergencies. - A new start and together we all achieve. -Working together and being considerate. -When things go wrong and responsibilities.	-Happy minds, happy people and thoughts and feelings. -Changes and keeping calm and relax. -You're the boss and always learning. -Family and fab friends. -Is this a good relationship and falling out. -What is bullying and stand up to bullying.	-My body, my choice and fit as a fiddle. -Good night, good day and cough, splutter and sneeze. -Drugs healing or harmful and choices everywhere. - Human reproduction and Changes in boys. Changes in girls and changing emotions. Relationships and families and where do I come from.
Eagles	-You can achieve anything and breaking down barriers -Future focus and equal ops. -The world of work and onwards and upwards. -You are unique and Let it Out. -Uncomfortable feelings and confidence trick -Do the right thing and making amends	-My digital life. -Staying safe, healthy and happy online. Online relationships and social media. -Saying no to online bullying and fake news. - Identifies and communities. - respecting the law and local gov. -National gov and making a difference.	- Look after it and critical consumers. Value money and ethical spending and budgeting. -Money and emotional wellbeing and money in the wider world. Global citizen and global warming. Energy and water. Biodiversity and In our hands.	-You are responsible and What are risks. -Making your mind up and in an emergency. Home- safe and sounds and Outdoors playing safe. -Together everyone achieves more and communicate. -Compromise and collaborate and care. -Unkind behaviour and shared responsibilities	-Cognitive triangle and thoughts are not facts. -Face you feelings and choices and consequences. - Being present and Yes, I can. -People we love and think before you act. -It's ok to disagree and you decide. -Secrets and false friends.	-Your body is your own and Exercise and sleep. -Taking care of bodies and harmful substances. -How we think and feel about our bodies and health choices. -Changing bodies and emotions. -Just the way you are and relationships. -Let's talk about sex and human reproduction.