

# Kirk Smeaton CE Primary School PE Policy



Reviewed March 23

## Context for the Policy

Physical Education should give every child, whatever their ability, an equal opportunity to develop their physical competence so that they are able to move efficiently, effectively and safely. PE provides many unique opportunities for personal development, developing positive physical and mental health. Through PE, children are encouraged to 'enjoy, respect and achieve their potential'.

## Policy Aims

- To contribute to the physical development and health of each child.
- To develop, through a varied teaching programme, satisfying and enjoyable physical activities.
- To develop motor-skills and agility.
- To encourage awareness of the need for a positive attitude towards; cooperation with; and responsibility for ourselves and others when engaged in physical activities.
- To develop physical and mental coordination, self-control and confidence.
- To encourage respect and appreciation of physical skills in others.
- To promote physical activity and healthy lifestyles.
- To develop skills to ensure safe practice in all activities.
- To encourage and develop teamwork skills and cooperation.

## Staff Responsibilities

All teaching staff are responsible for the delivery of a complete PE curriculum. All staff should be committed to raising standards of PE across the school by encouraging the children in all aspects PE. It is our job to ensure that children are aware of the importance of PE in creating a fit and healthy child, in promoting good attitudes to teamwork, team games and in developing abilities that are viewed by outside agencies. Our excellent links with PLT are encouraged by all teachers.

## Entitlement

All children are entitled to a progressive Physical Education programme which embraces the Statutory Orders of the National Curriculum and which takes account of individual interests and needs. Children should have access to all components of the National Curriculum programmes of study so that a realistic attempt is made to achieve the expected levels of performance as set out in the NC level descriptors and the Early Years Foundation Stage in Physical Development (PD).

## Equal Opportunities and Inclusion

Children are provided with equal access to the PE curriculum through sports funding & pupil premium. This ensures there are no barriers based on race, sex, culture or ability. All children in KS1 and KS2 are given equal right and opportunity to take part in half-termly inter-school competitions. PE lessons always aim to provide quality experiences that challenge children

## Safety

- Risk assessment is a legal requirement under the 'Health and Safety at Work Regulations 1992', and should therefore be included in all plans. The teacher's role is to decide whether a risk is significant and, if so, to determine and implement the precautions necessary to eliminate or minimise the risks presented.
- Regular checks should be made on all equipment. This should be carried out by each teacher before letting the pupils use the equipment. 'Sportsafe' also complete yearly checks on our equipment, and will inform school of any problems.
- Children should understand the safety risks involved in wearing inappropriate clothing, footwear or jewellery.
- First Aid equipment is available in the Hall Kitchen area and in the main school staff area. In addition to this, all teachers have a portable class first aid kit they can carry outside. In the event of an accident, all staff are emergency first aid trained. There are 3 members of staff onsite who are paediatric first aid trained.
- Inhalers and epi-pens must be readily accessible.
- Good class control is fundamental to safety.
- Children should be taught how to move and use apparatus safely under the supervision of a teacher or responsible adult
- Children should be made aware of safe practice when undertaking any PE activity.

**Kirk Smeaton CE School asks parents and children to adhere to the no earring or piercings rule in school. The school does not accept taping the piercing, so children will need to remove their piercing before accessing PE. We advise that ear piercing is done in the Summer holidays to allow time for the piercing to heal.**

Guidance from the PE and sports safety council (2020).

“Schools have a duty of care to ensure students are able to participate actively without unnecessarily endangering themselves or those working around them. This applies to all ear and body piercings, including retainer and expander earrings.

Staff are not required to remove or tape up earrings for students. Students should come ready for the lesson, preferably with earrings removed or adequately taped. Taping over ear and body piercings may offer a measure of protection in some physical activity situations, where individuals are required to work within their own personal space. However, the amount of tape used needs to be sufficient to prevent the piercing penetrating, for example, the bone behind the ear should an unintentional blow be received from someone or some item of equipment, such as a ball.

Where the school accepts taping, the teacher supervising the group has the legal responsibility to ensure the taping is fit for purpose. If the teacher considers the taping to be unsatisfactory to permit safe participation, they will need to make adaptations

in terms of how the student takes part in the practical aspects of the lesson. The student can contribute to group planning, designing and tactical discussions, but can have different tasks assigned to them during the practical elements of the lesson (for

example, individual skills practices, peer coaching, observation and feedback tasks, videoing others to analyse at a later stage, or officiating in a games context). Exclusion from a lesson should be avoided at all times if a student is unable to remove personal effects or the taping is deemed unsatisfactory.”

### **Equipment & Resources**

Equipment is stored in the PE cupboard located in the PE hall. The cupboard is kept locked with the key located in the Head teacher’s office and each class teacher has a key. All items in the store cupboard are labelled. Teachers and TA’s are responsible for ensuring that equipment is returned to the PE cupboard correctly and inform the coordinator if any equipment is broken and needs replacing. The PE cupboard should be locked after it has been used. It is the coordinator’s responsibility to ensure that equipment is kept up to date and replacements order when needed. Under Health and Safety laws children must not enter the PE Cupboard without an adult. Starfish Class keep their PE resources in the outdoor area and some resources are stored in the shed for use at playtimes.

### **PE Kit**

All children are expected to wear their PE kit for PE lessons. This should be different from the clothes and footwear worn during the day. Children who persistently forget their PE kit are reminded of the importance of PE with a sticker added the child’s planner and if necessary contact will be made to the parents asking for their cooperation.

Earrings or other items of jewellery should not be worn to school but in the instance ears are newly pierced and cannot be removed, plasters or microporous tape must be supplied by parents to cover ear lobes fully. No child will be able to do PE wearing earrings which are uncovered for health and safety reasons.

### **The PE kit consists of:**

	Winter	Summer
Indoors	Black close fitting shorts, Red t-shirt and indoor trainers (all named)	Black close fitting shorts, Red t-shirt and indoor trainers (all named)
Outdoors	Black Tracksuit, Red t-shirt, black close fitting shorts and outdoor trainers (all named)	Black close fitting shorts, Red t-shirt, sunhat and indoor trainers (all named)

### **The PE Curriculum**

EYFS access their own curriculum goals through outdoor play and activities in addition to weekly PE lessons (a combination of dance, gymnastics, games and REAL PE).

There is a rolling programme in KS2 for all children to access swimming twice. Y3/4 one year and Y5/6 the next year. Children work towards water confidence and Level 2 swimming certificate. Children who have completed the Level 2 swimming certificate have the opportunity to focus on Level 3 aspects of swimming.

KS1 and KS2 receive two PE sessions per week taught in combination by an experienced PE Lead Teacher from Leger Trust, teachers from Ackworth School Community Outreach programme and the class teacher. These sessions follow the PE National curriculum requirements for games, dance and gymnastics alongside fundamental movement skills (REAL PE) and develop teamwork, cooperation and respect. They also aim to offer accessibility to a wider range of sports such as table tennis, tennis and modern pentathlon. The teaching of these sessions is applied in half-termly inter-school competitions for all classes at Campsmount Academy, Kirk Smeaton and Askern Cricket Club.

All children have differing needs, abilities and interests. Therefore, it is necessary to develop differentiated tasks so that all children are appropriately challenged to achieve successful outcomes. Children’s self confidence in their abilities within PE is crucial, and teachers must be sensitive to the range of demands which may be made.

### **Time Allocation**

Children should take part in 2 hours of actual PE a week at both Key stages and at least 15 minutes of activity every school day. Activity is provided at playtimes and after school clubs.

### **Assessment, Recording and Reporting**

Assessment is ongoing and formative and applied weekly to ensure planning for progression. Summative assessment takes place termly and is shared with the PE coordinator. This data is evaluated and used for targeted intervention, CPD, whole school development areas and allocation of PE funding.

### **Extra-Curricular Opportunities**

Extra-curricular activities are offered by external providers daily in the form of after-school clubs and the school offer as many sporting experiences and opportunities they can throughout the year.

<b>When</b>	<b>Activity</b>
Additional opportunities	Residential Visit – outdoor adventure (Y5-6) Sports day (R-Y6) Sports Inspire days: Extreme Mountain Biking Display, Alternative cultural dancing workshops, Multi-sports days, visits to EIS. Bike-ability (Y5-6) Forest school (termly) Trips to Brockodale woods Swimming Y3/4 one year and 5/6 next year, this means children receive over the National requirements for swimming and they mostly pass L2 and progress further with swimming.