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| Date | Morning session 1 | Exercise break | Morning session 2 | Afternoon session | Exercise break | Relax |
| Mon  27th April | **English: Write a letter to a loved one (paragraphs 1 and 2)**  At the moment, there will be many family members and friends who are missing you. To cheer them up this week, we are going to write them a letter. We will start off doing a draft then on Thursday write it up neatly to hopefully ask your parent/carer to send out. If they cannot then you can save it to give to the person when lockdown is over.  Remember to set your letter out correctly with your address at the top right hand side and the date underneath it. Begin your letter with:  Dear …………..  Remember to set your letter out in paragraphs. Use around 3-5 sentences for each paragraph but remember this is a guideline – some paragraphs will have more or less depending on what you are writing.  Ideas for paragraphs –  Paragraph 1 -Why are you writing to the person? Explain that you miss them and what you miss about them.  Paragraph 2 – What you have been doing since the lock down began. What have you enjoyed doing and what have you not enjoyed. | Do an Oti Mabuse dance class.  <https://www.youtube.com/channel/UC58aowNEXHHnflR_5YTtP4g> | **Maths: Place value worksheet**  Choose the work that you would prefer – easier, medium or harder. Remember to challenge yourself and don’t necessarily choose the easier option. The answers are included so you can mark yourself or ask an adult to mark for you.  **Extra challenge** – challenge yourself with the Place Value challenge sheet!  Choose if you would prefer easier (\*) or harder (\*\*\*). | **Science: Access this weeks science online on Seneca.** | HIIT work out.  (30 seconds on and 30 secs rest)  Jumping jacks, lunges, burpees, jogging on the spot, planking. | Read a book or listen to an audio book story. |
| Tue  28th April | **English: Write a letter to a loved one (paragraphs 3 to 5)**  Purple pen work (or any other colour that you have at home!)  Reread the letter that you started yesterday and check for any spelling mistakes.  You are going to continue your letter today. Remember that this person will have been really excited to hear from you so make sure you put lots of writing in your paragraphs.  Paragraph 3 – What are you missing about the lockdown and why are you missing it.  Paragraph 4 - What are you looking forward to doing when lockdown is over and why.  Paragraph 5 – What kinds of things will you do with this person when the lockdown is over. Explain why you want to do those things with them. | Do a Yoga session on Cosmic kids.  <https://www.youtube.com/user/CosmicKidsYoga> | **Maths:**  Times Tables Rock Stars | **Art: Self-portrait pencil drawing.**  It is a good idea to have a small or handheld mirror available for this task.  Spend a few minutes examining the features of your face carefully and up close in the mirror. Take notice of the shape of your eyes, nose, mouth, hairline. Look at the colour on your face. Where does it go light and dark in the light? Where are the shadows? Do you have any freckles or other marks?  Draw your outline carefully in pencil. Try to recreate the shapes of your eyes, nose and mouth by using the mirror to keep checking as you are working. Spend a long time on this.  Remember to ask your adult to take a photo and email in to school so we can admire your artistic skills.  It might also be nice to send this with your letter to your loved one that you are doing in English. | Tidy/ clean your bedroom! Great workout and helping out too! | Read a book or listen to an audio book story. |
| Wed  29th April | **English: Write a letter to a loved one (final paragraph)**  The last thing to include in our letter is something to make the reader smile. You could start this paragraph like this:  Here is a joke to make you smile:  Now include a joke with a little drawing or picture that they might find funny and will cheer them up.  Remember to finish your letter –  Yours sincerely,  Your name  Now re-read your entire letter, edit and improve it by checking for spelling mistakes and making sure that everything makes sense. | Try a Joe wicks session  <https://www.youtube.com/channel/UCAxW1XT0iEJo0TYlRfn6rYQ> | **Maths: Comparing and ordering numbers**  Year 3s - Choose the work that you would prefer – easier (\*), medium (\*\*) or harder(\*\*\*). Remember to challenge yourself and don’t necessarily choose the easier option. The answers are included so you can mark yourself or ask an adult to mark for you.  Year 4s – complete the worksheet then choose a challenge. | **Topic: Geography**  Access this week’s assignment on Seneca. | Freestyle dancing – put on your favourite tunes and dance the afternoon away! | Read a book or listen to an audio book story. |
| Thurs  30th April | **English: Write a letter to a loved one**  Now write up your edited letter onto a new piece of paper using your best handwriting. If you would like, you could decorate it with some nice colourful pictures.  Then, either ask an adult if they can send it or wait for lockdown to be over to give your letter to the person yourself.  Don’t forget to ask an adult to take a photo and email it into school so we can have a look at the writing you have produced! | Do some dancing with GoNoodle  <https://www.youtube.com/channel/UC2YBT7HYqCbbvzu3kKZ3wnw> | **Maths: Timestable Rockstars**  Did you meet your target? Let me know in an email please! | **RE: See the RE sheet on the class internet page.** | HIIT work out.  (30 seconds on and 30 secs rest)  Jumping jacks, lunges, burpees, jogging on the spot, planking. | Read a book or listen to an audio book story. |
| Friday  1st May | **English: SPaG**  Spelling shed  SPaG.com – Y3 or Y4 Grammar (C) | Try a Joe wicks session  <https://www.youtube.com/channel/UCAxW1XT0iEJo0TYlRfn6rYQ> | **Maths:**  Numbots | **Ethos/Wellbeing**  Write a private diary entry either by hand or on the computer. Consider your thoughts and feelings about the lockdown and how you will feel when the lockdown ends. Give yourself a target of something that you would like to achieve by the end of lockdown and when we come back to school we will have a look to see whether you have achieved this.  Consider the good deeds that you could complete next week. Try and set yourself one small task each day that would help someone in your household. You can then review this at the end of next week to see whether you achieved this. | Meditation  Sit still and close your eyes. Take 5 deep breaths in through the nose and out through the mouth. Spend 5 minutes just thinking about the good things that have happened this week. | Read a book or listen to an audio book story. |
| WEEKEND!!!! Play, read, laugh and squeeze every last drop of fun out of your weekend. | | | | | | |