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| Date | Morning session 1 | Exercise break | Morning session 2 | Afternoon session | Exercise break | Relax |
| Mon  4th May | **English: Write a sensory poem about our feelings at the moment.**  Go outside (if you can) and close your eyes.  What can you hear? What can you smell?  What do you feel?  Think about how you feel inside and the emotions of the moment e.g relaxed, content, tired, intrigued, anxious.  Now open your eyes.What do you see?  Try and record as many words or phrases as you can for each sense. You can write straight onto paper or type onto a computer. | Try a Joe wicks session  <https://www.youtube.com/channel/UCAxW1XT0iEJo0TYlRfn6rYQ> | **Maths:**  **Mental arithmetic**  Complete the mental maths test attached. The answer sheet is at the end.  Year 3 Test  Year 4 Test  Year 5 test – for those wanting a challenge. | **Art/DT: Build your very own famous landmark out of junk.**  Choose a famous landmark from Britain or abroad and and think about how you can make a model of this.  Think about:  Which materials are available at home (check with parents its ok to use!)  How will you colour it accurately? Paint? Felt tips?  How will you join sections together? String, glue, sellotape?  See sheet attached for more ideas and examples of easy to extreme models! | Dance Party!!  Turn on your favourite tunes and get moving! | Choose a children’s book you have a home which has a film version available to watch.  Start reading – you’ll need to finish the book before next week! |
| Tue  5th May | **English: Write a sensory poem about our feelings at the moment.**  Look at the words and phrases chosen yesterday. Can you replace any boring ones with better or brilliant words? Use a thesaurus on the computer to help you  e.g cars – could be the whirr of idling engines or the screech of tyres.  Work on your phrases until you have a mixture of different vocabulary. | Do a Yoga session on Cosmic kids.  <https://www.youtube.com/user/CosmicKidsYoga> | **Maths:**  Times Tables Rock Stars | **Art/DT: Build your very own famous landmark out of junk.**  Start Building! Get creative with your materials and don’t forget to think about how it will stand upright. Be safe with scissors please. | Tidy/ clean your bedroom! Great workout and helping out too! | Read the book you’ve chosen. |
| Wed 6th May | **English: Write a sensory poem about our feelings at the moment.**  Time to create a picture poem! Draw an outline of your head. Fill your head with the words and phrases you have chosen to describe your feelings, your environment right now. Check your spellings! | Dance Party!!  Turn on your favourite tunes and get grooving those moves! | **Maths: Telling the time**  Time to practice (get it!) telling the time.    Task 1 – Tell time to minute  Task 2 – converting analogue to digital  Extension challenge – reading timetables.  Most will start at task 1 (class target this half-term) but there a few pupils I know can do this, so I’ve added a reading timetable challenge on for you to work through. | Finish your model and take a photograph so we can enjoy your handi-work. | HIIT work out.  (30 seconds on and 30 secs rest)  Jumping jacks, lunges, burpees, jogging on the spot, planking. | Keep reading! |
| Thursday 7th May | **English: Write a sensory poem about our feelings at the moment.**  Decorate around the outline of your head with illustrations, photos, drawings of anything you feel is important to you right now, in this moment. You will be able to keep this as a snapshot in time of your feelings at this unusual and historical moment! | Do a Yoga session on Cosmic kids.  <https://www.youtube.com/user/CosmicKidsYoga> | **Maths: : Telling the time**  Finish the tasks from yesterday and mark using the answer sheets.  Did you meet your target? Let me know in an email please! | **Topic: Geography**  Access this week’s assignment on Seneca. All about towns and cities. | Dance Party!!  Turn on your favourite tunes and get moving! | Keep Reading! |
| Friday 8th May | **English: SPaG**  Spelling shed  SPaG.com – Y3 or Y4 Grammar (C) | Try a Joe wicks session  <https://www.youtube.com/channel/UCAxW1XT0iEJo0TYlRfn6rYQ> | **Maths:**  Numbots | **Personal wellbeing: Giving back**  Take some time to play with your brother or sister or help Mum or Dad or call Grandma/Grandad. Feel good by making others feel good. | Meditation  Sit still and close your eyes. Take 5 deep breaths in through the nose and out through the mouth. Spend 5 minutes just thinking about the good things that have happened this week. | Finish your book before Monday if you can. |
| WEEKEND!!!! Play, read, laugh and squeeze every last drop of fun out of your weekend. | | | | | | |