



# ***Awareness raising session for Parents and Carers***

*Growing up online*



What brings you here today?

What sites are your children using?



THINK

KNOW

Money management

Communication  
skills

Computer skills

Confidence

# Learning Online?

Research

Creativity



# Growing up online....



Can you name the sites your children uses for:





# Websites and Technologies...



➤ **Social networking**  
Facebook/ Youtube / Twitter /Instagram

➤ **Instant messaging**  
Skype/ BBM/ Whatsapp

➤ **Blogs and chat sites**  
Tumblr/ Ask FM / Spillit

➤ **Gaming**  
Consoles / free and paid

➤ **Mobile technology**  
Applications



**How to Reach You on Facebook**

Your address on Facebook is [finbar.pattinson](#). This is how people:

- Get to your timeline — [facebook.com/finbar.pattinson](#)
- Send you email — [finbar.pattinson@facebook.com](mailto:finbar.pattinson@facebook.com)

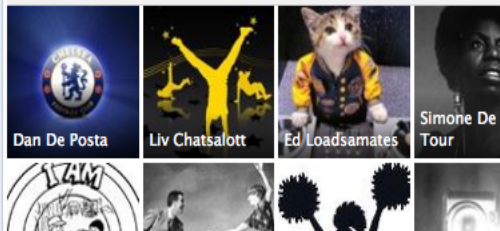
Note: Friends will be able to see your new email address on your timeline.

[Choose Different Address](#)[Learn More](#)**Finbar Pattinson**[Update Info](#)[Activity Log](#) 1

- Works at [Jaffa Cakes](#)
- Studied at [University of Central Lancashire \(UCLan\)](#)
- Lives in [Auckland, New Zealand](#)
- From [London, United Kingdom](#)

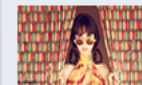
[About](#)[Friends](#) 8[Photos](#)[Map](#) 2[Likes](#) 18[Status](#)[Photo](#)[Place](#)[Life Event](#)

How are you doing, Finbar

[Post](#)[Likes](#)[See All](#)**Friends**[See](#)**Sponsored****Jaycotts - Sewing Store**

We're your first call store for sewing supplies. Pins & needles etc. You'll like us...

Like · 10,440 people like Jaycotts - Online Sewing Store

**Sasha Siem****Louise Flockhart**

September 6, 2011

Hi Fin what you upto

just chillin...you



Ayesha Duffield



Dan De Posta



Ed Loadsamates



James McShare



Jess McTagging



Liv Chatsalott



Louise Flockhart



Simone De la Tour



CEOP

NSPCC @NSPCC

If you need advice or are worried about a child we have a helpline 24 hours a day on 0800 800 5000 or help@nspcc.org

GET THE FREE APP FOR IPHONE OR ANDROID

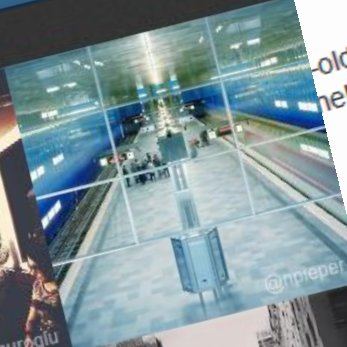
Instagram



@diegoscott83



@etanuraglu



@npreper



@kristianprichard



@saieeh

Hidden A

funny Air Horn Prank 2

prank 2 months ago • 798,662 views  
prank war continues with this funny video! Andrew strikes back  
with another air horn prank! It is amazing ...

CHECK OUT MY OTHER VIDEO

old home! Great job  
ne! [bit.ly/10bPKHW](http://bit.ly/10bPKHW)

8 Jan

HINK  
LOW

occurred, justice  
as [bit.ly/XDpWTe](http://bit.ly/XDpWTe)

8 Jan

school - The  
comment...

2 Jan

# Private messaging







# Blogging and chat sites





# Gaming



**MINICLIP.COM**  
**FREE GAMES AND SHOWS**



**CALL OF DUTY**  
**BLACK OPS II**





# Mobile Technology





# Functions



**Chat**

**Location**

**Text**

**Online**

**Images**



# Mobile Apps



Do you know your child's favourite apps?

Does your child use your phone, are you apps age appropriate?





# *Risks they might face....*



Cyberbullying



Grooming



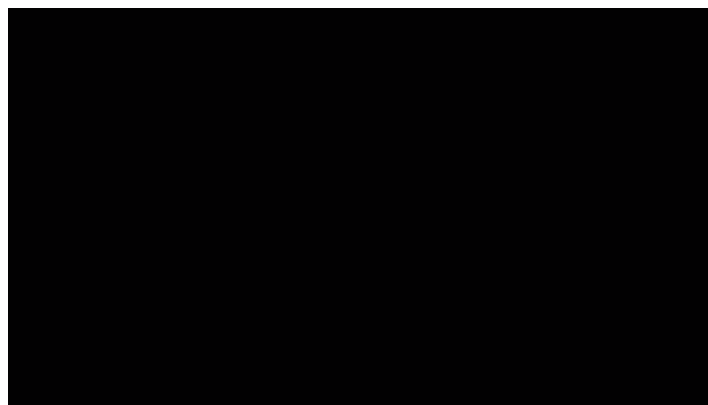
Inappropriate  
websites





What is Cyberbullying?

How and where can you be Cyberbullied?





# Top tips



- *Offer reassurance and support. Don't be afraid to ask questions*
- *Tell your child that if they are being bullied to always keep the evidence*
- *Block the bullies*
- *Learn how to report and where to go for further support*



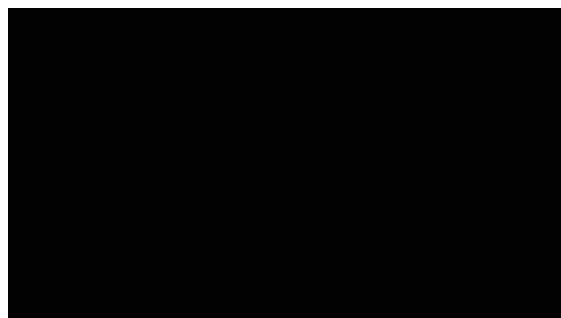
**Peer to peer support network for young people who are being bullied**

**[www.cybermentors.org.uk](http://www.cybermentors.org.uk)**

Grooming

What is online grooming?

What does an online friend mean to your child? Is it the same for you?





# Top tips



- *Talk to your child about online grooming*
- *Talk to them about their online friends*
- *Let your child know that you are always there for support and you understand how easy it is for things to get out of control online*
- *Learn how to report any inappropriate contact made to your child online*





# Report and Support



**Report suspected online grooming** – this could sexual chat, a child being asked to do something that makes them feel uncomfortable or someone insisting on meeting up .

[www.ceop.police.uk](http://www.ceop.police.uk)



**24 hour confidential helpline** for children and young people .



What does the  
'inappropriate'  
mean in your house?

Not age appropriate:

- Violence
- Racial Hate
- Pro eating disorders
- Gambling
- Pornographic



# Parental Controls



Set controls on:

- Computers
- Laptops
- Tablets
- Mobile devices
- Games Consoles
- ALL internet enabled devices

Set on all devices  
that link to the  
internet

Remember... they are not 100% accurate and not a substitute for open communication!

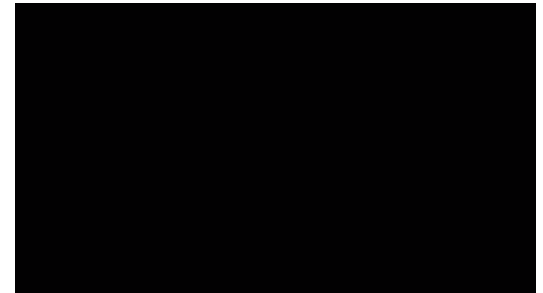


# Parental controls



## How can they help?

- Block sites that are not age appropriate
- limit inappropriate and illegal material
- Set timings – automatic switch off at bedtime
- Monitor activity
- **What do young people think...**



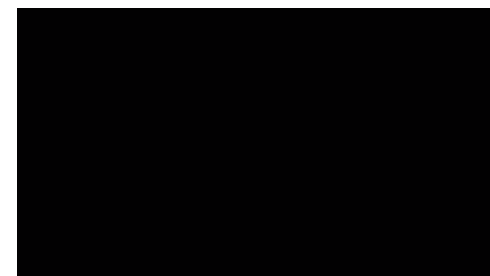


# Social networking: Privacy



## Is my child too young to have a Facebook account?

- Help set up their profile
- Add your email as the main contact (if possible)
- Set the privacy settings to “friends” only and ensure they are children you know
- Show them a CEOP safety resource which outlines the risks ([www.youtube.co.uk/ceop/jigsaw](http://www.youtube.co.uk/ceop/jigsaw))
- ‘Like’ the Click CEOP page
- Check in and keep updated







# Conversation starter....



View age appropriate animations and films at - [www.thinkuknow.co.uk/parents](http://www.thinkuknow.co.uk/parents)

**5-7**

[www.youtube.com/ceop](http://www.youtube.com/ceop)



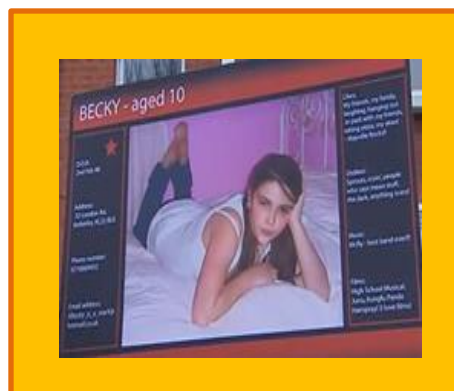
## ***Lee and Kim's Adventure: Animal Magic***

- Animation – Be nice to people, like you would in the playground

**8-10**

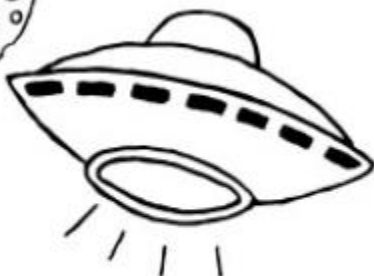
## ***Jigsaw***

- 10 minute film about Safe Social Networking

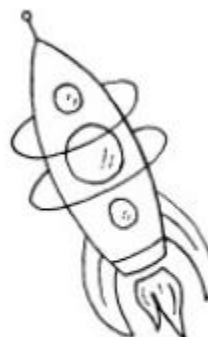




# For more information...



Advice if your children are in  
**Primary Education**



Advice if your children are in  
**Secondary Education**

[www.thinkuknow.co.uk/parents](http://www.thinkuknow.co.uk/parents)

[www.facebook.com/ceop](https://www.facebook.com/ceop)

[www.twitter.com/ceop](https://www.twitter.com/ceop)