

## **Hidden Harm Campaign, May 2021**

Dear parents and carers

The North Yorkshire's Safeguarding Children Partnership (NYSCP) is asking everyone in North Yorkshire to be alert to changes in children and young people that could suggest they are suffering "hidden harm" or abuse.

As more meeting places, clubs and venues open up as further Covid-19 restrictions are lifted, they are asking you to be their eyes and ears in the community and report any concerns you might have for children.

Pressures on families arising from periods of social isolation during the pandemic have increased the risk of mental and physical harm to children and young people, but these signs of harm have been harder to detect, due to the lack of usual face-to-face interaction.

Read more about how to spot the signs of hidden harm on the NYSCP website here:

[www.safeguardingchildren.co.uk/parents-carers/what-is-hidden-harm](http://www.safeguardingchildren.co.uk/parents-carers/what-is-hidden-harm)

NYSCP have also produced a podcast about Hidden Harm – listen [here](#).

You can report any concerns about a child or young person anonymously on 01609 780780.

*NYSCP is a partnership between North Yorkshire County Council, North Yorkshire Police and North Yorkshire Clinical Commissioning Group.*